

KINESIO® TEX GOLD™ TAPE

High-quality elastic tape designed for maximum range of motion.

- This durable, latex-free tape is water-resistant and can be worn up to four days without irritation, even during strenuous exercise or hydrotherapy. The heat-activated adhesive will not leave any residue when removed.
- Kinesio® Tape has 140% elasticity, the same basic elasticity found in skin and muscles. This allows the tape to work with the body, providing full support and stability without adversely affecting the natural range of motion.
- Ideal for patellofemoral treatment, shin splints, plantar fasciitis, rotator cuff injuries and carpal tunnel syndrome.

Kinesio® Tex Gold™ 16.4' (5m) rolls

NC89035-102	Beige	1" (2.5 cm)	(12)
NC89035-202	Beige	2" (5.1 cm)	(6)
NC89035-203	Blue	2" (5.1 cm)	(6)
NC89035-204	Red	2" (5.1 cm)	(6)
NC89035-205	Black	2" (5.1 cm)	(6)
NC89035-302	Beige	3" (7.6 cm)	(4)

Kinesio® Tex Gold™ 103.3' (31.5m) Bulk rolls

NC89035-332	Beige	2" (5.1 cm)	(1)
NC89035-333	Blue	2" (5.1 cm)	(1)
NC89035-334	Red	2" (5.1 cm)	(1)
NC89035-335	Black	2" (5.1 cm)	(1)



NEW KINESIO® FAN CUTS™

Minimize edema and inflammation with time-saving Kinesio® fan shaped precuts.

- **Fan Cuts™** are ideal for lymphatic draining and for treating edema and bruising. Useful for any condition that calls for increased circulation of blood and lymphatic fluid.
- Precut fan shape saves time. Rounded corners improve application wearability and longevity.
- 2" (5.1 cm) wide Fan Cuts™ feature five separate tape tails and are available in all four tape colors.
- 3" (7.6 cm) wide Fan Cuts™ feature eight separate tape tails and are only available in beige.
- Both sizes are cut to a 12" (30cm) length that may be cut down for specific patient taping.

Kinesio® Fan Cuts™, 2" (5.1 cm) width

NC89038-202	Beige	(50)
NC89038-203	Blue	(50)
NC89038-204	Red	(50)
NC89038-205	Black	(50)

Kinesio® Fan Cuts™, 3" (7.6 cm) width

NC89038-302	Beige	(50)
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KINESIO® PRO SCISSORS

Blades stay sharp for clean, easy cutting.

- High-carbon, stainless steel cutting surfaces remain sharp for years.
- Coated with black carbon and fluorine resin, for clean, quick and easy cuts without leaving residue.



NC89046

CLINICAL THERAPEUTIC APPLICATIONS OF THE KINESIO® TAPING METHOD

Corrective application techniques for advanced Kinesio® taping.

Describes six corrective application techniques in detail: mechanical, fascia, space, ligament/tendon, functional and lymphatic. Addresses specific treatment of clinical conditions. Soft cover, 198 pages with numerous photographs. By Kenzo Kase, DC, Jim Wallis, MS, ATC and Tsuyoshi Kase. Copyright 2003.

NC89047



CLINICAL KINESIO® TAPING DVD

Introduction, explanation and application of the Kinesio® Taping Method.

Certified Kinesio® Taping Instructor Jim Wallis, MS, ATC, demonstrates step-by-step application of Kinesio® Taping Techniques. Copyright 2000.

NC89048

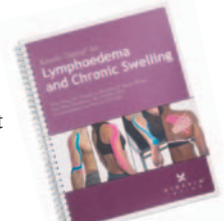


KINESIO® TAPING FOR LYMPHOEDEMA AND CHRONIC SWELLING

Step-by-step instructions for over 108 applications.

By Kenzo Kase, DC, founder of the Kinesio® Taping Method, Kim Rock Stockheimer, MS, OTR/L, CKTI. Acknowledgement by Professor Neil Piller. Copyright 2006.

NC60011

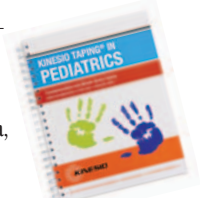


KINESIO® TAPING IN PEDIATRICS

Fundamentals and whole body taping for infants through adolescents.

By Kenzo Kase, DC, Founder of the Kinesio® Taping Method, Patricia Martin, PT, CKTI and Audrey Yasukawa, MOT, OTR/L, CKTI. Copyright 2006.

NC60012



LYMPHEDEMA

Stockinette

TG-TUBULAR™ BANDAGE STOCKINETTE

- Fine, seamless, knitted tube made of 67% bleached cotton and 33% viscose.
- A great protective cover under all casting/wrapping applications, from small fingers to large body casts.
- Material is tightly meshed and can be stretched laterally without creases.
- Latex free.

NC60024-5	Size 5	For fingers, toes and children's hands 5.6 cm x 20m (2 ³ / ₁₆ " x 22 yds.)
NC60024-6	Size 6	For arms, feet, and children's legs 6.4 cm x 20m (2 ¹ / ₂ " x 22 yds.)
NC60024-7	Size 7	For legs, thighs and arms 7 cm x 20m (2 ³ / ₄ " x 22 yds.)
NC60024-9	Size 9	For thighs and heads 8.6 cm x 20m (3 ³ / ₈ " x 22 yds.)



TRICOFIX®

- 100% cotton, seamless, knitted tube gauze. Will not fray when cut.
- Stretches lengthwise and crosswise for easy application.
- Latex free.

NC20259-6	6 cm x 20 m	(2 ³ / ₈ " x 22 yds.)
NC20259-8	8 cm x 20 m	(3 ¹ / ₈ " x 22 yds.)
NC20259-10	10 cm x 20 m	(4" x 22 yds.)
NC20259-12	12 cm x 20 m	(4 ³ / ₄ " x 22 yds.)



ELASTOMUL®

- 100% cotton, seamless, knitted gauze. High density fabric for soft, rich texture. Non-sterile.
- This flexible, comfortable elastic bandage stays in place even with constant movement.
- Stretches to approximately twice its size.
- Latex Free.

NC20290-1	2.5 cm x 3.7 m	(1" x 12')	(24)
NC20290-2	5.1 cm x 3.7 m	(2" x 12')	(12)
NC20290-3	7.6 cm x 3.7 m	(3" x 12')	(12)
NC20290-4	10 cm x 3.7 m	(4" x 12')	(12)



Lotion

LYMPHODERM

- Essential oils provide antiseptic properties.
- Specially formulated for lymphedema.
- Contains all-natural botanical and seaweed extracts to help reduce discomfort.
- Contains 8 fl. oz. (237 ml).

NC60025



Visit www.ncmedical.com for our full line of lymphedema products.

See pages 114 and 115 for instructional book for lymphedema taping along with pre-cut kinesiology tape shapes for easy application.

Padding

ROSIDAL™ SOFT

- Ideally suited for padding underneath lymphedema bandages. The interlocking open pores help ensure even pressure distribution of short stretch bandages.
- Polyurethane foam is highly breathable and permeable to moisture. Tear resistant. Does not lose its elasticity after repeated washing.
- Latex free.

NC60040-1	10 cm x 3 mm x 2.5 m	(3 ¹⁵ / ₁₆ " x 1/8" x 2 ³ / ₄ yds.)
NC60040-2	10 cm x 4 mm x 2.5 m	(3 ¹⁵ / ₁₆ " x 3/16" x 2 ³ / ₄ yds.)
NC60040-3	12 cm x 4 mm x 2.5 m	(4 ³ / ₄ " x 3/16" x 2 ³ / ₄ yds.)
NC60040-4	15 cm x 4 mm x 2.5 m	(5 ⁷ / ₈ " x 3/16" x 2 ³ / ₄ yds.)



ARTIFLEX®

- Use as padding under bandages to ensure even distribution of pressure. Non-absorbent.
- Autoclave at 250°F (121°C) for sterile application.
- Made of non-woven 40% polyester, 40% polypropylene and 20% polyethylene.
- Latex free.

10 cm x 3.4 m (3¹⁵/₁₆" x 3³/₄ yds.)

NC60028-1	(1)
NC60028-30	(30)

15 cm x 3.4 m (5¹⁵/₁₆" x 3³/₄ yds.)

NC60028-2	(1)
NC60028-2C	(20)



CELLONA® SYNTHETIC PADDING

- Self-conforming padding; elastic withstands compression. Use under any bandaging medium.
- Made of non-woven, polyester fabric that is water-repellent.
- Latex free.

NC60027-1	5.1 cm x 3.7 m	(12)	(2" x 4 yds.)
NC60027-2	7.6 cm x 3.7 m	(12)	(3" x 4 yds.)



KOMPRES® FOAM RUBBER

- Made of porous, synthetic, latex foam rubber that is permeable to air and water.
- Lightweight with a soft surface.
- Cut to create customized shapes. Autoclavable at 250°F (121°C).

NC60029-1	Roll	8 cm x 2 m x 5 mm	(3 ¹ / ₈ " x 6 ¹ / ₂ ' x 3/16")
NC60029-2	Kidney-shape Size 0	10 mm x 9 cm x 5 cm	(7/16" x 3 ¹ / ₂ " x 2")
NC60029-3	Kidney-shape Size 1	10 mm x 12 cm x 6.5 cm	(7/16" x 12" x 6 ¹ / ₂ ")
NC60029-4	Sheet	10 mm x 1 m x 50 cm	(7/16" x 1.1 yd. x 20")



JOBST® FOAM PAD: KIDNEY SHAPE

- Synthetic, latex foam pad distributes pressure evenly.
- Reusable.
- Hand wash and air dry.
- Latex free.

NC60068 3¹/₂" x 2²/₅" (9 x 1 cm)



Wraps/Bandages



KOMPRIMED™

- Made of exceptionally soft, 100% unbleached cotton.
- Patented two-way stretch and prolonged memory allow for excellent conformity. Provides high working and low resting pressure.
- Machine wash and dry. Will not unravel when cut.
- Each roll is 5 m (16½') long when stretched.
- Latex free.

NC60015-1	6cm (2¾")
NC60015-2	8cm (3⅛")
NC60015-3	10cm (3⅚")
NC60015-4	12cm (4¾")
NC60015-5	16cm (5⅝")



ROSIDAL® K BANDAGE

- Durable bandage is made of 100% cotton.
- One-way, medium stretch, longitudinally elastic with 90% maximum stretch. Clips included.
- Machine wash.
- Each roll is 5 m (16½') long.
- Latex free.

NC60022-1	6cm (2¾")
NC60022-2	8cm (3⅛")
NC60022-3	10cm (3⅚")
NC60022-4	12cm (4¾")



ISOBAND® FINISHED EDGE BANDAGE

- Made of 85% cotton and 15% cellulose for superior comfort.
- Large wrap for use with chip bags.
- One-way short stretch, longitudinally elastic with 90% maximum stretch for lasting comfort. Porous weave allows skin to breathe.
- May be washed and dried flat without losing any of its properties.
- Each roll is 5 m (16½') long.
- Latex free.

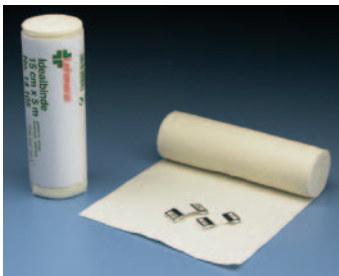
NC60023-1	14cm (5⅝")
NC60023-2	20cm (7⅞")



KOMPRIBAND™

- Made of 100% unbleached cotton.
- One-way, short stretch, medium compression. Prolonged memory allows for excellent conformity.
- Machine wash and dry.
- Each roll is 5 m (16½') long.
- Latex free.

NC60016-1	6cm (2¾")
NC60016-2	8cm (3⅛")
NC60016-3	10cm (3⅚")
NC60016-4	12cm (4¾")



IDEALBINDE®

- Made of 86% cotton and 14% viscose. One-way, short stretch, strong compression.
- 90% extensibility, durable elasticity.
- Large wrap for use with chip bags.
- Machine wash. May be boiled or sterilized at 250° F (121° C).
- Measures 15cm x 5m (5⅞" x 16½').
- Latex free.

NC60021



DAUERBINDE® K

- Long stretch, strong compression bandage. Durable elasticity, 180% extensibility.
- Conforms well to body contours, resists bunching. Gentle on skin.
- Resists deterioration caused by ointments.
- Machine washable. Autoclavable. Each roll is 7 m (23') long.
- Bandage is latex-free, clip contains latex.

NC20258-6	6cm (2¾")
NC20258-8	8cm (3⅛")
NC20258-10	10cm (3⅚")
NC20258-20	20cm (7⅞")



FINGERBAND™, TOEBAND™ AND HANDBAND™

- Made of 100% unbleached cotton. One-way, short stretch, medium compression.
- Ideal for wrapping infant extremities.
- Machine wash and dry.
- Each roll is 3.5 m (11½') long.
- Latex free.

FingerBAND™

NC60017-1	3cm (1⅜")
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ToeBAND™

NC60017-2	2cm (¾")
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HandBAND™

NC60017-3	4cm (1⅝")
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COMPRILAN®

- Easy-care, durable 100% cotton. One-way stretch. Longitudinally elastic with 90% maximum stretch.
- Interlocking open weave provides short stretch to ensure consistent compression while allowing the skin to breathe.
- Machine wash and dry.
- Each roll is 5 m (16½') long.
- Bandage is latex-free, clip contains latex.

NC20261	6cm (2¾")
NC20263	8cm (3⅛")
NC20260	10cm (3⅚")
NC20264	12cm (4¾")

LYMPHEDEMA

SWELL SPOTS™

These inserts are ideal for treating swollen and fibrotic areas that are not helped with simple bandaging.

- Swell Spots™ feature an enhanced, quilted channel system. Made of cotton-based fabric and soft, lightweight foam chips.
- Use to treat lymphedema and tissue fibrosis. Save time, no need to make chip bags.
- Machine washable and latex free. Patent Number 5,976,099.



Dorsal Spot: Use primarily on the dorsum of the hand and foot. Works well under edema gloves and compression wraps. Small Dorsal Spot measures 3⁵/₁₆" x 3¹/₈" (10 x 7.9cm). Large Dorsal Spot measures 5⁷/₈" x 3³/₁₆" (15 x 9cm).



Oval Spot: Ideal for areas such as the axilla and inside a carpal tunnel splint. Measures 7¹/₂" x 3¹/₈" (19 x 7.9cm).



Katina Spot: Ideal for areas such as the ulna or tibia. Small Katina Spot measures 15" x 3¹⁵/₁₆" (38 x 10cm). Large Katina Spot measures 16¹/₂" x 7¹/₁₆" (42 x 18cm).



- NC60020-2 Small Dorsal Spot
- NC60020-3 Large Dorsal Spot
- NC60020-6 Oval Spot
- NC60020-8 Small Katina Spot
- NC60020-7 Large Katina Spot

Comfortable glove fits left or right hand.



ELVAREX® READY TO WEAR SEAMLESS GLOVE

Seamless glove delivers increased comfort.

- Seamless design provides more comfort in the management of lymphedema.
- Finished finger stub ends for increased durability, correct anatomical design, reinforced zone between the thumb and index finger, and reinforced wristband for easier donning and doffing.
- Compression is reduced at the finger stubs, preventing a tourniquet effect.
- Glove has a mean compression average of 20-30 mmHg.
- To size, measure palm and wrist circumference. Beige color.
- Sold individually.

	Size	Palm Circumference	Wrist Circumference
NC60061-3	3	19 to 20 cm (7 ¹ / ₂ " to 8")	16 to 17 cm (6 ¹ / ₄ " to 6 ³ / ₈ ")
NC60061-4	4	20 to 22 cm (8" to 8 ⁵ / ₈ ")	17 to 19 cm (6 ⁷ / ₈ " to 7 ¹ / ₂ ")
NC60061-5	5	22 to 23 cm (8 ³ / ₈ " to 9 ¹ / ₄ ")	19 to 20 cm (7 ¹ / ₂ " to 8")
NC60061-6	6	23 to 25 cm (9 ¹ / ₄ " to 9 ³ / ₄ ")	20 to 22 cm (8" to 8 ⁵ / ₈ ")

COMPRESSION GLOVES

- Made of unbleached cotton, nylon and spandex.
- Provides gentle compression (approximately 15-25mm HG pressure) to relieve lymphedema and other types of chronic hand edema.
- Frequent machine washing and machine drying will enhance the performance of these gloves. All glove styles are open tipped. Latex free.
- To size, measure both MP and wrist, using the MP circumference as the primary measurement.
- Sold individually.



Style 02

Regular Length Compression Glove:*

Style 02: Outside seams. Long finger length to nail area. Overall length to wrist crease. Darts on dorsum for extra compression.

*Also available with the finger length to PIP. Call for information.

Style 14: Outside seams. Long finger length to nail area beyond DIP. Overall length to wrist crease. No darts on dorsum side. Fits left or right hand.

*Also available with the finger length to PIP. Call for information.



Style 14

Regular Length Style 02

Left	Right	
NC60030-1	NC60030-2	S
NC60030-3	NC60030-4	M
NC60030-5	NC60030-6	L
NC60030-7	NC60030-8	XL
NC60030-9	NC60030-10	XXL

Regular Length Style 14

Fits left or right hand.

NC60031-1	S
NC60031-2	M
NC60031-3	L
NC60031-4	XL
NC60031-5	XXL

Long Length Compression Glove:*

Style 34: Glove length is 6cm to 7cm (2³/₈" to 2³/₄") proximal to wrist. Outside seams, long finger length to nail area. No darts on dorsum side. Fits left or right hand.

*Also available with the finger length to PIP. Darts on dorsum for extra compression. Fits left or right hand. Call for information.



Style 34

Long Length Style 34

Fits left or right hand.

NC60032-1	Small
NC60032-2	Medium
NC60032-3	Large
NC60032-4	X-Large
NC60032-5	XX-Large

Compression Gloves Sizing Chart

Sizing for Style 02			Sizing for Styles 14 and 34		
Size	MP Circumference	Wrist Circumference	Size	MP Circumference	Wrist Circumference
S	17.5 to 18.4 cm (6 ⁷ / ₈ " to 7 ¹ / ₄ ")	14.0 to 15.0 cm (5 ¹ / ₂ " to 5 ⁷ / ₈ ")	S	18.4 to 19.5 cm (7 ¹ / ₄ " to 7 ¹⁵ / ₁₆ ")	13.5 to 14.5 cm (5 ¹ / ₁₆ " to 5 ¹⁵ / ₁₆ ")
M	18.4 to 19.5 cm (7 ¹ / ₄ " to 7 ¹⁵ / ₁₆ ")	14.5 to 15.6 cm (5 ¹¹ / ₁₆ " to 6 ¹ / ₈ ")	M	19.5 to 20.5 cm (7 ¹⁵ / ₁₆ " to 8 ¹ / ₁₆ ")	14.0 to 14.9 cm (5 ¹ / ₂ " to 5 ⁷ / ₈ ")
L	19.5 to 20.5 cm (7 ¹⁵ / ₁₆ " to 8 ¹ / ₁₆ ")	15.0 to 16.0 cm (5 ⁷ / ₈ " to 6 ³ / ₈ ")	L	20.5 to 21.4 cm (8 ¹ / ₁₆ " to 8 ⁷ / ₁₆ ")	14.4 to 15.6 cm (5 ¹¹ / ₁₆ " to 6 ¹ / ₈ ")
XL	20.5 to 21.5 cm (8 ¹ / ₁₆ " to 8 ⁷ / ₁₆ ")	15.6 to 16.5 cm (6 ¹ / ₈ " to 6 ¹ / ₂ ")	XL	21.4 to 22.5 cm (8 ⁷ / ₁₆ " to 8 ⁷ / ₈ ")	15.0 to 16.0 cm (5 ⁷ / ₈ " to 6 ³ / ₈ ")
XXL	21.5 to 22.5 cm (8 ⁷ / ₁₆ " to 8 ⁷ / ₈ ")	16.0 to 17.0 cm (6 ³ / ₈ " to 6 ¹⁵ / ₁₆ ")	XXL	22.5 to 23.5 cm (8 ⁷ / ₈ " to 9 ¹ / ₄ ")	15.6 to 16.5 cm (6 ¹ / ₈ " to 6 ¹ / ₂ ")