## **ELBOW/FOREARM SUPPORTS**



### Comfort Cool™ Open Elbow Support

Lightweight, open-end neoprene splint provides warmth and is easy to don

- Thin, lightweight <sup>1</sup>/16" (1.6mm) perforated neoprene provides light compression and protection for the sensitive elbow. Lined with soft terry cloth.
- Ideal for soft tissue injuries such as tennis or golfer's elbow, ulnar nerve irritation, strains, sprains, bursitis, tendinitis and arthritis.
- The open-end design makes this elbow wrap easy to apply and fit even large upper arms. Hook and loop tabs allow for quick-fitting adjustments.
- Neoprene can be trimmed easily for a custom fit.
- Hand wash and air dry.

armtk	o and	is	easy	to	don	and	doff.	
• Fits	either	• the	e left	or	right	elbo	w.	

• Latex free.

• If in between sizes, choose the smaller size.

		Circumference 4" (10cm) Distal to Elbow Crease
NC79540	Small	8" to 9 <sup>1</sup> / <sub>2</sub> " (20 to 24 cm)
NC79541	Medium	9 <sup>1</sup> / <sub>2</sub> " to 11" (24 to 28cm)
NC79542	Large	11" to $12^{1/2}$ " (28 to 32 cm)
NC79543	X-Large	$12^{1}\!\!\!/^{2}$ " to $14^{"}$ (32 to 36cm)



#### AIRCAST® TENNIS ELBOW STRAP

Focus compression where it counts.

- Constructed of nylon and polyurethane foam with a single pre-inflated vinyl "air cell" that concentrates compression directly on the extensor muscle.
- Useful for treating medial or lateral epicondylitis.
- Band conforms to the contour of the arm and cushions the sensitive muscle area. Breathable material enhances comfort and wearability.
- Hand wash in cool, soapy water. Air dry.
- One adjustable size fits most forearms with a circumference of 8" to 14" (20 to 36 cm).
- Latex free.

NC15430 Beige NC15430-B Black



#### ERGOBEADS™ TENNIS ELBOW STRAP

Freeze compression pad for cooling relief.Breathable cotton lining and soft cushioning foam provide exceptional comfort.

- Useful in alleviating pain from forearm and elbow injuries.
- Strap features a unique ergoBeads<sup>™</sup> compression pad that can be removed and frozen for cooling pain relief. The tiny, plastic ergoBeads<sup>™</sup> create a massaging effect that increases circulation.



- Easily adjust pressure for a custom fit using the Velcro<sup>®</sup> strap and plastic buckle.
- One size fits most. Machine wash.

NC10114



**TENDON TRAK™ TENNIS ELBOW STRAP** Provides stress relief without applying direct compression on the irritated tissue.

- Simple, low-profile design consists of two pads and a minimally elastic, 18" (46cm) strap.
- Ideal for alleviating symptoms of lateral and medial epicondylitis and tendinitis.
- Unique method "deloads" pressure by providing approximation of the irritated tissue from its lateral margins. This diminishes the risk of compressing the inflamed tissue and other pain-sensitive areas.
- Easy to apply and comfortable to wear. Does not inhibit circulation.
- Developed by a physical therapist. Patent pending.
- Latex free.
- One size fits most.

NC15409



VARIPAD™ TENNIS ELBOW STRAP

- Orthoprene<sup>™</sup> keeps elbow cooler than neoprene.
  Circumferential inner sleeve slips over the arm and stays in place for quick fastening of outer strap.
- Made of an Orthoprene<sup>™</sup> sleeve with exterior hook and loop compression strap.
- Useful for treating medial or lateral epicondylitis.
- Adjustable interior pad applies pressure where desired.
- Wash in cool water. Air dry. Do not dry with heat or in the sun.
- Latex free.
- If between sizes, choose the larger size.

	Circumference 1" (2.5 cm) Distal to Elbow Crease
Small	9" to 10" (23 to 25 cm)
Medium	11" to 12" (28 to 30cm)
Large	13" to 14" (33 to 36cm)
	Medium





NORCO™ UNIVERSAL **TENNIS ELBOW STRAP** Provides compression and comfort on injured forearm.

• Made of 1/8" (32mm) nylon-lined neoprene.

- · Adjusts to treat medial or lateral epicondylitis.
- Easy to fit and cinch, this strap provides compression without binding.
- Extra padding around the D-ring applies pressure where needed.
- One adjustable size fits forearms with a circumference of  $7\frac{1}{2}$ " to  $13\frac{1}{2}$ " (19 to 34cm).
- Machine washable.
- Latex free.

NC15889



#### TENNIS ELBOW STRAP Apply pressure exactly where it is needed.

• Made of breathable rubber laminated with nylon.

- Ideal for treating medial or lateral epicondylitis.
- The felt pad makes it easy to
- position pressure where needed. • Hand wash in cool water. Air dry.
- To size, measure forearm circumference 1" (2.5 cm) distal to
- elbow crease. • Latex free.

NC15424	S	9" to 10" (23 to 25 cm)
NC15425	М	10" to 11" (25 to 28cm)
NC15426	L	11" to 12" (28 to 31 cm)
NC15427	XL	12" to 14" (31 to 36cm)



**EPILOCK® TENNIS ELBOW STRAP** Metal bar provides added support to extensor muscles.

- Consists of a porous, rubber-coated metal stay with a nylon cover.
- Useful for treating medial or lateral epicondylitis.
- Rigid metal bar applies pressure on both distal and proximal areas of the extensor muscles.
- Hand wash with mild soap.
- To size, measure circumference of the forearm 1" (2.5 cm) distal to the elbow crease.
- Latex free.

NC54123-2	S/M	7" to 12"
NC54123-4	L/XL	(18 to 30 cm) 12" to 15" (30 to 38 cm)

# **ELBOW/FOREARM STRAPS**



BANDIT<sup>®</sup> TENNIS ELBOW STRAP Helps relieve pain without constricting movement.

- Useful for treating medial or lateral epicondylitis.
- Unique design compresses across the flexor, extensor and supinator muscles.
- Allows movement without compromising circulation.
- Hand wash. Air dry.
- One adjustable size fits forearms with a minimum circumference of 8" (20 cm).
- Latex free.

NC15890



**EPICONDYLITIS CLASP** 

Small size allows for better circulation.

- Made of sturdy plastic, and lined with absorbent wool felt.
- Useful for treating medial or lateral epicondylitis.
- Sturdy elastic strap provides a snug fit. Small, unobtrusive size will not impair circulation.
- Wash with wool-cleaning products.
- Latex free.
- To size, measure circumference of the forearm  $1\frac{1}{2}$ " to  $1\frac{7}{8}$ " (3.8 to 4.8 cm) distal to the elbow crease.

NC15512-1	XS	8 <sup>%</sup> 16" to 9 <sup>1</sup> /16" (22 to 23 cm)
NC15512-2	\$	9 <sup>7</sup> / <sub>16</sub> " to 9 <sup>13</sup> / <sub>16</sub> " (24 to 25 cm)
NC15512-3	М	10 <sup>1</sup> /4" to 10 <sup>5</sup> /8" (26 to 27 cm)
NC15512-4	L	11 <sup>1</sup> /16" to 11 <sup>13</sup> /16" (28 to 30 cm)
NC15512-5	XL	12 <sup>3</sup> / <sub>16</sub> " to 13 <sup>3</sup> / <sub>8</sub> " (31 to 34 cm)



**ECLIPSE® TENNIS ELBOW STRAP** Helps relieve pain while maintaining support.

•This 2" (5.1 cm) wide strap has a loop-lock Velcro® closure and

- removable gel pad.
- Useful for treating medial or lateral epicondylitis.

• Removable 4<sup>1</sup>/2" x 2<sup>1</sup>/2" (11 x 6cm) gel pad can be used for hot or cold therapy.

- Pad and strap provide excellent compression where needed.
- Hand wash and air dry the strap. • Latex free.
- One adjustable size fits forearms with a circumference of 7" to 18" (18 to 46cm).

NC15432 Strap with pad NC15432-1 Extra pad



#### COUNT'R-FORCE® LATERAL TENNIS ELBOW BRACE Maximal support for

lateral epicondylitis. • Made of latex foam padding with a

- nylon backing.
- Use to treat lateral epicondylitis.
- Curved design and dual-tension straps permit wide distribution of pressure.
- Non-elastic construction provides maximum support and pressure.
- · Hand wash. Lay flat to dry.
- the forearm 1" (2.5 cm) distal to the elbow crease.

NC15340-1	<b>S</b>	8 <sup>1</sup> / <sub>2</sub> " to 9 <sup>1</sup> / <sub>2</sub> " (22 to 24 cm)
NC15340-2	М	9 <sup>1</sup> / <sub>2</sub> " to 10 <sup>1</sup> / <sub>2</sub> " (24 to 27 cm)
NC15340-3	L	10 <sup>1</sup> /2" to 11 <sup>1</sup> /2"
NC15340-4	XL	(27 to 29 cm) 11 <sup>1</sup> / <sub>2</sub> " to 12 <sup>1</sup> / <sub>2</sub> " (29 to 32 cm)



COUNT'R-FORCE® MEDIAL ELBOW BRACE Maximal support for medial epicondylitis.

- Made of latex foam padding with nylon backing.
- Use to treat medial epicondylitis.
- Curved design and dual-tension straps permit a wide distribution of pressure.
- Non-elastic construction provides maximum support and pressure.
- Hand wash. Lay flat to dry.
- To size, measure circumference of the forearm 1" (2.5cm) distal to the elbow crease.

NC15341-1	<b>S</b>	8 <sup>1</sup> / <sub>2</sub> " to 9 <sup>1</sup> / <sub>2</sub> " (22 to 24 cm)
NC15341-2	М	9 <sup>1</sup> /2" to 10 <sup>1</sup> /2"
NC15341-3	L	(24 to 27 cm) 10 <sup>1</sup> / <sub>2</sub> " to 11 <sup>1</sup> / <sub>2</sub> "
NC15341-4	XL	(27 to 29cm) 11 <sup>1</sup> / <sub>2</sub> " to 12 <sup>1</sup> / <sub>2</sub> "
		(29 to 32 cm)

- - To size, measure circumference of

NC15340-1	<b>S</b>	8 <sup>1</sup> / <sub>2</sub> " to 9 <sup>1</sup> / <sub>2</sub> " (22 to 24 cm)
NC15340-2	М	9 <sup>1</sup> / <sub>2</sub> " to 10 <sup>1</sup> / <sub>2</sub> "
NC15340-3	L	(24 to 27 cm) 10 <sup>1</sup> / <sub>2</sub> " to 11 <sup>1</sup> / <sub>2</sub> "
NC15340-4	XL	(27 to 29 cm) $11\frac{1}{2}$ " to $12\frac{1}{2}$ " (29 to 32 cm)